

# FAMILY LIFE

Help for today. Hope for tomorrow.

## GOD'S PERSPECTIVE ON MOTHERHOOD

### INDIVIDUAL SECTION

1. What are your four greatest needs in your role as a mother?

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2. What makes each of your children unique?

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3. List the two greatest needs of each child.

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MOM AS	LIST ONE ACTION POINT THAT WILL HELP YOU IMPROVE IN EACH AREA
Lover of her children	
Home builder	
Teacher of her children	

## INDIVIDUAL SECTION

**Setting:** Find a time to meet with your husband after you have finished this section.

**Objective:** To raise your awareness of each other's needs as far as raising your children are concerned.

### INSTRUCTIONS:

1. Tell him what you had learned about yourself as a mother during the Mom session and what you felt were your top 3 needs.
2. Discuss with him where you feel you are succeeding in motherhood, and where you feel you are not coping.
3. Ask his input on how he sees you in your role as mother.
4. Ask his help and support in the areas where you feel you are not coping on your own.

Sit together and plan and decide on action points both of you can work on regarding this.

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Start off with one action point for the next month.

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